



## COLLEGE READINESS CHECKLIST FOR POSTSECONDARY HIGHER EDUCATION PROGRAMS

Inclusive postsecondary higher education programs provide students with intellectual disability the opportunity to continue their education after high school. They focus on preparing students for independent living and employment. Postsecondary higher education programs are growing in the United States. There are around 270 programs that allow individuals with intellectual disability to go to college at small private universities, large state schools, and everything in between!

### Suggested Skills:

Though this is a general checklist, students with the following skills would be well prepared to participate in a higher education program, which is sometimes referred to as a Comprehensive Transition Program (CTP):

- Ability to use different modes of communication like a cell phone
- Ability to sit independently through class periods (around 2 hours) without exhibiting disruptive behavior
- Emotional stability and independence to actively participate in classes and community activities
- Ability to follow rules closely
- Navigate campus with supports such as peers, a map, or phone application
- Ability to use a computer
- Follow a schedule that changes day to day
- Ability to be safe independently without constant supervision.

### Admission Requirements:

Admissions requirements depend on the specific postsecondary higher education program is interested in attending. Below is a list of general requirements:

- Be between the ages of 18 - 26
- Have a documented intellectual disability (sometimes students with developmental disabilities are accepted)
- Have completed high school and received a regular, special education, or occupational diploma
- Demonstrate basic literacy skills
- Express a desire to go to college