



## Vocational Rehabilitation

*For students who want a job*

### Vocational Rehabilitation

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- **Vocational Rehabilitation, or VR**, helps people with disabilities get jobs.
- VR wants you to take control of planning and making choices for your future job.
- VR can help with:
  - Training
  - Finding a job
  - Getting a job
  - Keeping a job



### VR Referrals

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- Being referred to VR means that you or someone else thinks you might qualify and benefit from services.
- You can be referred to VR when you are still in high school.
- You can make your own referral to VR.
- Referrals are made by contacting the VR office in your community.





## Applying for VR Services

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- Anyone can apply for VR services.
- You must complete an application so that you can find out if you are able to receive services from VR.
- After you apply, you will find out if you qualify for services. If you qualify, a VR counselor will set up a meeting with you.
- Who is able to get services from VR?
  - People with a physical, mental, or sensory impairment that makes it difficult for you to get a job.
  - People who have a disability that makes it hard for you to get and be successful in a job.
  - People who want to work and get support from VR.
- If VR says you are not eligible, you can appeal the decision.



## What Services are Offered by VR?

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- Help with jobs
  - VR can help you get and keep a job.
  - VR supports your strengths, abilities, what is important to you, and your interests.
- Help in other ways with:
  - Training for jobs
  - Transportation
  - Counseling for jobs
  - Living independently
- Help with postsecondary education
  - VR clients can get help with postsecondary education, or school after high school.
  - VR can help you with getting the education you need to help you with your future career.
- VR can include help with:
  - Looking for education options after high school
  - Applying for financial aid and grants
  - Completing your education program



## Individualized Plan for Employment or IPE

### What is an **IPE**?

- An **Individualized Plan for Employment**, or **IPE**, is a plan for what services are needed to prepare students to choose and get ready for a job.
  - The IPE tells you who will be helping you, how long you will need help for, and how you will track your progress towards your goal.
  - VR clients are able to make their own choices about what services they will receive.
  - Each IPE is different and unique for each person.
  - As you make career goals for you IEP remember your:
    - Strengths
    - Abilities
    - Interests
  - Your support system can help you make plans for after high school.
    - Your support system can include your VR counselors, teachers, instructors, family, or other people who understand and support you.
- Self Determination Assessment



### Your **rights**

- You have **rights** when it comes to your IPE
- Some of these rights include:
  - Right to change your IPE
  - Right to get the help you need to meet your goal
  - Right to look over your IPE at least once a year
- You have responsibilities as a VR Client
  - Talking to your VR counselor at least once a month
  - Asking for help if you have a problem



## Wrap Up

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- **VR** helps people with disabilities get jobs.
- **VR** provides services that include, training for a job, finding a job, getting a job, and keeping a job.
- Apply for VR services while you are still in high school.
- Anyone can apply for VR services.
- VR clients can get help with postsecondary education.
- VR can help you with getting the education you need to help you with your future career.
- An **Individualized Plan for Employment**, or **IPE**, is a plan that includes the services that will prepare students to choose and get ready for a job.
- You have **rights** when it comes to developing your IPE.
- You have responsibilities as a VR client.