

A Guide to Selecting Work Experiences

One way to learn about different work experiences is to identify opportunities that are available in your community. For each work experience, list at least one option that you could do in your community. Then complete the chart to help you narrow down your interests.

Examples of Work Experiences:

- **Volunteer Opportunities**

- Ways to give back to the community and donate your time
- Identify volunteer opportunities available in your community

1.

2.

3.

- **Service-Learning Projects**

- Benefit the community by connecting you with an organization for a project to help the community.
- Identify service-learning projects available in your community

1.

2.

3.

- **Paid Jobs**

- When a company or organization hires you to do a job, and you get paid for doing that job
- Identify paid jobs available in your community

1.

2.

3.

- **Apprenticeships**

- When you take classes and receive on-the-job training to learn about a career
- Identify apprenticeships available in your community

1.

2.

3.

Example Chart:

Experience	What Specific Options Interest You the Most?	What Information from This Experience Could You Add to Your Resume?
Paid Jobs	A part time job at a bakery	Time commitment: • Part Time • 12 hours/week Skills: • Portioning, wrapping, packaging take-out orders • Follow food sanitation requirements • Follow recipes Other benefits: • A reference for future employers • Discounted baked goods to take home

Experience	What Specific Options Interest You?	Select Your Level of Interest
Volunteer Opportunities		Time commitment: • • • Skills: • • • Other benefits: • • •
Service-Learning Projects		Time commitment: • • • Skills: • • • Other benefits: • • •

Experience	What Specific Options Interest You?	Select Your Level of Interest
Paid Jobs		Time commitment: • • • Skills: • • • Other benefits: • • •
Apprenticeships		Time commitment: • • • Skills: • • • Other benefits: • • •