**Evaluation Form: Student Mentee**

Career Mentorships

Use the following form to reflect on the career mentorship.

|  |  |  |
| --- | --- | --- |
|  | Yes | No |
| My mentor was accommodating |  |  |
| My mentor communicated with me regularly |  |  |
| My mentor helped me with questions and challenges I had |  |  |
| My mentor provided me with advice and encouragement |  |  |
| My mentor showed interest and concern towards me |  |  |
| My mentor provided me with additional resources to consider for future careers |  |  |
| I expect to stay in touch with my mentor in the future |  |  |
| I found the mentorship experience valuable |  |  |

The top two things that I learned from my mentor were

1.

2.

 Two of the most helpful activities I did with my mentor were

1.

2.

The most helpful feedback I received from my mentor was

One area for growth that my mentor helped me to recognize was