



# TEACHING COMMUNITY LIFE SKILLS DURING COMMUNITY BASED INSTRUCTION

Community outings provide numerous opportunities for instruction in independent living and community involvement skills. We've suggested examples of multiple skills to address during visits to popular community locations.

### **Grocery Store:**

- Identify closest grocery store when planning a trip
- Follow a list
- Navigate the grocery store
- Develop a budget
- Practice cost comparison of grocery store items
- Practice greetings with customers and staff
- Ask for help
- Make purchases using cash, debit card, or credit card
- Use the self-checkout

### **Coffee Shop:**

- Order food from a menu
- Wipe a table clean before leaving
- Locate nutrition information for a beverage on the internet
- Make a purchase using cash, a debit card, or a credit card
- Practice appropriate social interaction with staff and other customers
- Practice taking turns in conversation

### **Park:**

- Pack a lunch (to eat at the park)
- Plan a route to get to the park



# Transition

## T E N N E S S E E

- Plan activities to do at the park (e.g. attending an event, playing sports)

### **Restaurant:**

- Identify the healthier of two menu options based on the nutrition information
- Order food from a menu
- Follow a budget
- Make a purchase
- Initiate a conversation
- Maintain a conversation by asking questions or commenting
- Wipe a table clean after using it
- Pay for a meal

### **Mall:**

- Follow a budget
- Make a purchase
- Navigate the environment
- Compare prices
- Ask for help from employees
- Choose clothes for certain scenarios (such as a job interview)
- Fold clothes when putting them back

### **Movie Theater:**

- Identify closest movie theater when planning a trip
- Call the movie theater from the classroom to check on movie times
- Practice appropriate behavior while waiting in line
- Determine cost of activity
- Purchase tickets and/or concessions using cash, debit, or credit card
- Use a bill changer in the arcade section

### **Bank:**

- Open a bank account
- Fill out personal information on a checking account form
- Use the ATM machine
- Deposit a check using the ATM machine and with the cashier