



COLLABORATING EFFECTIVELY WITH PARENTS: TIP SHEET

In order to promote generalization of community living skills to students' natural home environments and to increase the amount of practice a student has, it is essential to collaborate with parents. This tip sheet provides tips, strategies, and examples related to collaboration with parents.

Tips

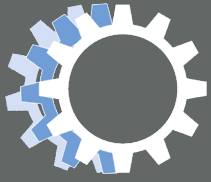
- Bring up the topic of community living skills at the IEP meeting.
- Send home task analyses of skills for parents to implement with their students.
- Send home simple data sheets for the parents to track their child's progress at home.
- Send home visuals to put around the house.
- Print and send home the TransitionTN Tip Sheet about skills to work on in the community.

Strategies for Collaboration

- Ask parents which skills they are already teaching at home and discuss how you can support this learning.
- Use a daily school-home communication sheet to exchange information with parents about their students' community living skills progress.
- Consider skills that easily fit into the routine of students' home lives.
- Some skills could even become part of a student's chores after it is mastered, thus building responsibility and saving the parents some time.
- Consider the family's weekend plans (e.g. going to a baseball game, visiting a grandparent) if the family chooses to share them; send home ideas about ways to incorporate community living skills.

Examples of Skills Parents Can Work on at Home

- Following routines for getting ready for school in the morning and getting ready for bed at night (take a shower, put on pajamas, brush your teeth, floss your teeth, go to bed)
- Vacuuming
- Folding clothes
- Dressing
- Washing dishes



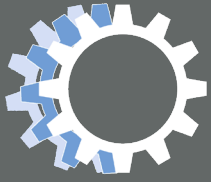
Transition

T E N N E S S E E

- Managing an allowance
- Calling a friend
- Taking turns in conversation
- Setting up a paratransit ride
- Using an alarm for waking up
- Taking care of a pet

Examples of Skills Parents Can Work on in the Community

- Purchasing
- Identifying community landmarks
- Using a rideshare app
- Greeting people
- Asking for help from workers in the community location



Transition

T E N N E S S E E

How Can I Teach Residential and Daily Living Skills?

At home

Practice vacuuming at school using a task analysis. Send the task analysis home for student to practice vacuuming at home, with instruction for how parents can record data.

In the classroom

Teach students to search for apartments on the internet using a task analysis.

At school

Use video modeling to teach students to prepare a microwave meal in the cafeteria.

In the community

Go to a local laundromat and teach students with significant support needs to do laundry using most-to-least prompting.

Residential and Daily Living Goals

Postsecondary Goal

Upon completion of high school, Jana will live in a supported living community with a roommate.

Annual Goal

Given a scrubbing brush, Jana will clean dishes completely and put them in the drying rack for 3 out of 5 opportunities for 4 consecutive days of data collection as measured twice per week by teacher data collection

Transition Service

Jana will tour 3 different supported living communities.