Course: Instruction in Self-Advocacy

Statewide Community Resources

Advocacy and Disability Rights Groups

* [Autism Tennessee](https://autismtennessee.wildapricot.org/)
* [Disability Rights Tennessee](https://www.disabilityrightstn.org/)
* [STEP-TN (Support & Training for Exceptional Parents)](https://www.tnstep.org/)
* [Tennessee Developmental Disabilities Network](http://tndd.vkcsites.org/)
* [Tennessee Disability Coalition](https://www.tndisability.org/)
* [The ARC](https://www.thearctn.org/)
* [TN Justice Center](https://www.tnjustice.org/)

Employment Resources

* [American Job Center](https://www.careeronestop.org/Site/american-job-center.aspx)
* [WorkAbleTN](https://www.tndisability.org/workabletn)
* [Caring, Inc.](https://www.caringinc.net/)
* [Goodwill Industries](https://www.goodwill.org/)
* [Vocational Rehabilitation](https://www.tn.gov/humanservices/ds/vocational-rehabilitation.html)

Family Support Groups—Emergency Housing

* [American Red Cross](https://www.redcross.org/)
* Community Resource Centers
* Homeless Shelters
* [Tennessee Housing Development Agency](https://thda.org/)
* [Tennessee Runaway and Homeless Youth Programs](https://www.acf.hhs.gov/fysb/grants/tennessee-rhy)

Family Support Groups—Food

* County Food Banks
* Faith-based Food Banks
* [Supplemental Nutritional Assistance program](https://www.fns.usda.gov/snap/supplemental-nutrition-assistance-program)
* [WIC Program](https://www.fns.usda.gov/wic)

Family Support Groups—Medical and Health Care

* [Al-Anon and Alateen](https://al-anon.org/newcomers/what-is-al-anon-and-alateen/)
* [Family Voices of TN](https://www.familyvoicestn.org/)
* [Local Hospital Mental Health Counseling/Addiction Counseling](https://www.tn.gov/behavioral-health.html)

Family Support Groups—Abuse and Violence

* “Safe” Houses
* [Tennessee Coalition](https://www.tncoalition.org/)
* [YWCA Domestic Violence Support Program](https://www.ywcanashville.com/what-we-do/dv-services/)

Family Support Groups—Clothing

* [Goodwill](https://www.goodwill.org/)
* Local Faith Based Closets
* [Salvation Army](https://www.salvationarmyusa.org/usn/)
* [St. Vincent de Paul](https://www.svdpusa.org/)

Independent Living Resources—Housing

* [Housing and Urban Development (HUD)](https://www.hud.gov/)
* [Local Housing and Redevelopment Authority](https://www.hud.gov/states/tennessee/renting/hawebsites)
* [Local United Way](https://www.unitedway.org/find-your-united-way)
* [Rent Assisted Apartments](https://www.hud.gov/topics/rental_assistance)
* [Social Security Administration](https://www.ssa.gov/)
* [Tennessee Department of Intellectual and Developmental Disabilities Family Support](https://www.tn.gov/didd/for-consumers/family-support.html)

Independent Living Resources—Transportation

* [Access Ride Program](https://nashvillemta.org/Nashville-MTA-AccessRide-Information.asp)
* [Caliber Care – Transportation](https://www.caliberpatientcare.com/)
* [Nashville Metropolitan Transit Authority – MTA](https://nashvillemta.org/Nashville-MTA-homepage.asp)
* [RTA Special Assistance](https://www.rtarelaxandride.com/Middle-TN-RTA-Special-Assistance.asp)
* [SETHRA/ETHRA](https://www.ethra.org/services/5/transportation/)
* [Tennessee Disability Coalition](https://www.tndisability.org/)

Mentoring

* [Best Buddies](https://www.bestbuddies.org/)
* [Big Brothers and Big Sisters](https://www.bbbs.org/)
* [Parent Helping Parents](http://www.phponline.org/)
* School Peer to Peer Programs
* [Young Pregnant Parent Teen Services](https://www.childwelfare.gov/topics/preventing/promoting/parenting/pregnant-teens/)

Postsecondary Education Resources

* [ACT special testing accommodations](https://www.act.org/content/act/en/products-and-services/the-act/registration/accommodations.html)
* [Job Corps](https://www.jobcorps.gov/)
* Office of Disability Services (available at all post-secondary schools)
* [Partners for Youth with Disabilities](https://www.pyd.org/)
* [Tennessee Inclusive Higher Education Alliance](https://tnihealliance.org/programs-in-tennessee/)
* [Think College (online resource)](https://thinkcollege.net/)

Recreational Resources

* [Best Buddies](https://www.bestbuddies.org/)
* [Boys and Girls Club](https://www.bgca.org/)
* [Easter Seals](https://www.easterseals.com/)
* Park District Programs
* [Special Olympics](https://www.specialolympics.org/about)
* [YMCA](https://www.ymca.net/)
* [YWCA](https://www.ywca.org/)