

## Resources and Links for Transition in Middle School

### Independent Living Skills for the Classroom:

- Puberty, sex, and sexuality:
  - An introduction from Vanderbilt Triad: <https://vkc.vumc.org/assets/files/resources/sexedtoolkit.pdf>
  - Website of resources- scroll down for Navigating Puberty, Sex, and Sexuality course. Must create an account: <https://vkc.vumc.org/vkc/resources/autism>
  - National Council on Independent Living: <https://ncil.org/resources/sex-ed-for-individuals-with-i-dd/>
- Financial literacy
  - <https://www.fdic.gov/resources/consumers/money-smart/teach-money-smart/money-smart-for-young-people/index.html>
- Internet safety and digital footprint
  - <https://www.commonsense.org/education/articles/23-great-lesson-plans-for-internet-safety>
  - <https://www.commonsense.org/education/articles/quick-digital-citizenship-activities-for-middle-and-high-school-distance-learning>
- Assessments for independent living skills
  - <https://caseylifeskills.secure.force.com/>
    - On the CLSA website, there are several resources teachers can pull from. Go to "Help & Training" --> Resources to Inspire Guide-->Download Guide

### Discussing Career Options in the Classroom

- Career awareness
  - Dr. Kit's career videos: <https://www.drkit.org/career-videos/>
  - Career One Stop: <https://www.careeronestop.org/>
  - The Career Index (must create account): [https://www.thecareerindex.com/dsp\\_intro.cfm](https://www.thecareerindex.com/dsp_intro.cfm)
- Assessments for career awareness
  - RIASEC: <https://www.hawaiipublicschools.org/DOE%20Forms/CTE/RIASEC.pdf>
  - Careers for Me Plus: <https://careerkids.com/collections/careers-for-me/products/careers-for-me-plus-interest-inventory-for-grades-6-9-pack-of-25>
  - Pulos Career Assessment: <https://www.ou.edu/education/centers-and-partnerships/zarrow/transition-resources/curriculum>
  - Transition TN Assessment Database: <https://transitiontn.org/assessment-database/>
  - Career One Stop: <https://transitiontn.org/assessment-database/>
- More Career Activities for the Classroom
  - The Career Index: [https://www.thecareerindex.com/dsp\\_intro.cfm](https://www.thecareerindex.com/dsp_intro.cfm)

- Transition Bell Ringers: <https://www.ou.edu/education/centers-and-partnerships/zarrow/transition-resources/curriculum>
- Discovery Education: <https://www.discoveryeducation.com/community/virtual-field-trips/>
- AG Explorer: <https://agexplorer.ffa.org/virtual-field-trips>
- NearPod: <https://nearpod.com/t/life-skills/9th/exploring-careers-in-trades-912-L38808889>
- Volunteer Tennessee: <https://www.tn.gov/volunteer-tennessee.html>

### **Enlighten Students About Their Education And Training Opportunities**

- Websites to Explore PSE Options
  - College for TN: <https://www.collegefortn.org/college-finder/>
  - CareerOneStop Types of Schools/Training: <https://www.careeronestop.org/FindTraining/Types/types-of-training.aspx>
  - Transition TN Student Site: <https://transitiontn.org/student/>
- Educate Students About Diploma Pathways
  - Diploma Pathways: <https://transitiontn.org/downloadable/diploma-pathways/>
  - TN High School Graduation Requirements: <https://www.tn.gov/education/instruction/graduation-requirements.html>
- Showcase local trade schools, apprenticeship programs, and colleges
  - Tennessee Colleges of Applied Technology
    - West: <https://tcatmemphis.edu/programs>
    - Middle: <https://tcatnashville.edu/programs>
    - East: <https://tcatknoxville.edu/programs>

### **Teach Self-Determination**

- Free Self-Determination Curriculum for MS
  - I'm Determined: <https://imdetermined.org/about/history/>
  - Disability Awareness Activity Packet: <https://www.dvusd.org/cms/lib/AZ01901092/Centricity/Domain/1318/Disability%20Awareness%20Packet%202.pdf>
  - Learning for Justice: <https://www.learningforjustice.org/classroom-resources/lessons?keyword=disability>
- Embedded Self-Determination Skills
  - IEP Presentation: <https://imdetermined.org/resource/elementary-iep-template/>
  - My Goal Plan: <https://imdetermined.org/resource/goal-plan/>

### **Collaborate With Local Schools & Teachers**

- Find out more about local high school

- CTE Programs in TN:  
[https://www.tn.gov/content/dam/tn/education/ccte/2022-23\\_Course\\_and\\_Program\\_of\\_Study\\_Matrix.pdf](https://www.tn.gov/content/dam/tn/education/ccte/2022-23_Course_and_Program_of_Study_Matrix.pdf)