

# Family Tip Sheets:

## What Should I Know About ABLE TN Accounts?

### The Basics

The ABLE TN account is a savings and investment program. It was created to help people with disabilities in Tennessee save money. This money can be used to pay for disability expenses. This money is not taxed when it is used.

### Who can have an ABLE account?

Any Tennessean diagnosed with a disability before age 26 and who is eligible for at least one of the following:

1. Supplemental Security Income (SSI)
2. Social Security Disability Insurance (SSDI)
3. Has been diagnosed by a physician as having a physical or mental disability

### Who Can Help Me?

Contact ABLE TN

- 855-922-5386
- [ABLE.TN@tn.gov](mailto:ABLE.TN@tn.gov)

For more information, visit their website at [able.treasury.tn.gov](http://able.treasury.tn.gov).

### What Questions Should I Ask?

- How much money is needed to open an account?
- Why should my child open an ABLE TN account?
- How do I know which investment option is best?
- How can I make withdrawals from my ABLE TN account?

### Why open an ABLE account?

- Helps you plan and save for future expenses
- Allows you to deposit up to \$16,000 every year (even more if the individual is working)
- Set up automatic transfers (pull from paychecks)
- Offers investment options
- Accounts can be accessed online
- Low fees
- No impact on federal benefits up to \$100,000

### Myths

#### **Myth #1: My child can't work. If they do, they will lose their SSI/SSDI benefits.**

ABLE accounts allow your child to have up to \$100,000 in their account without losing their benefits. If the account balance goes above \$100,000, benefits are temporarily suspended. Your child's benefits will start again once the account goes below \$100,000.

#### **Myth #2: Disability Expenses are limited to assistive technology.**

A disability expense is anything related to the person's disability. There are 13 types of expenses. These include education, housing, assistive technology and more. To learn more about qualifying expenses visit <https://able.treasury.tn.gov/Qualified-Expenses>.

#### **Myth #3: Only the person with a disability can open the account.**

Accounts can be opened by the person with a disability. But they can also be opened by their parent(s), legal guardian, or a power of attorney.

#### **Myth #4: Only the person with a disability can contribute to the account.**

Anyone can contribute to the ABLE account.