**Skill Topic:**

**January 2025**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Skill Building Activity (SBA) | Monday | Tuesday | Wednesday | Thursday | Friday |
|  |  |  | 1 | 2 | 3 |
| SBA:  | 6 | 7 | 8 | 9 | 10 |
| SBA: | 13 | 14 | 15 | 16 | 17 |
| SBA: | 20 | 21 | 22 | 23 | 24 |
| SBA: | 27 | 28 | 29 | 30 | 31 |

**Skill Topic:**

**February 2025**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Skill Building Activity (SBA)/Materials | Monday | Tuesday | Wednesday | Thursday | Friday |
| SBA:  | 1 | 2 | 3 | 4 | 5 |
| SBA: | 10 | 11 | 12 | 13 | 14 |
| SBA: | 17 | 18 | 19 | 20 | 21 |
| SBA: | 24 | 25 | 26 | 27 | 28 |
| SBA:  | 3 | 4 | 5 | 6 | 7 |

**Guided Notes for Mock Planning**

**Target Students**

Think about a specific student or a group of students you work with and answer the following questions:

1. What are students’ goals for after high school?
2. What are their needs?
3. What information do you need to create meaningful activities?

Use the space below to brainstorm your thoughts.

**Plan a Unit: Select Skill Building Activities**

Go to the skill topic and look at the skill building activities. Which skill building activities will you focus on each week? Consider the following questions and use the space below to brainstorm your thoughts.

1. Which skill building activities align with your students’ goals and needs?
2. How often do you work with this group of students?
3. How many sessions will you need to teach the skill-building activities you selected?

**Share Activities**

Use the box below to list materials, resources, and curricula you will use.

List opportunities to collaborate to deliver the skill building activities.

Space for brainstorming activities: