

## **What Should I Know About MAPs (Medicaid Alternative Pathways to Independence)?**

### **The Basics**

The Medicaid Alternative Pathways to Independence (MAPs) Program helps people with intellectual and developmental disabilities (I/DD) in Tennessee. The goal of MAPs is to promote long-term independence by focusing on key areas:

- Jobs
- Living on your own
- Being part of your community
- Using helpful technology

MAPs gives each person the tools, technology, and support they need to become more independent in their daily lives. This free program helps people build skills and confidence. MAPs helps each person to reach their personal goals.

### **Myths**

#### **Myth #1: MAPs can only provide help for a short period of time.**

The MAPs program provides services to each person for up to 3 years. The purpose of this program is to help people become more independent by getting jobs, learning how to live on their own, and using helpful technology.

#### **Myth #2: My child cannot participate in MAPs because they are still in high school.**

The MAPs program is available to anyone with an intellectual or developmental disability diagnosis who has graduated from high school or who will graduate in the next three years.

#### **Myth #3: MAPs is only for individuals with significant support needs.**

The MAPs program gives different kinds of help to people with different needs. It supports teens and adults who want to become more independent at home, at work, and in their community.

#### **Myth #4: MAPs only benefits individuals who know how to use technology.**

Technology is an important part of the MAPs program. People do not need to be tech experts to sign up. The technology tools are picked to match each person's needs and skills. Support is given to make sure each person can use the tools easily and feel more independent. Examples of enabling technology include Ring doorbells, motion sensors, smartphones, and tablets.



## What Questions Should I Ask?

- What individualized services does the MAPs program offer?
- What is a Virtual Community Resource Map (VCRM)?
- Who from MAPs will meet with me?
- Once enrolled, how often will someone from MAPs meet with me?
- What is a virtual support?
- What types of support are provided for enabling technology?

## Who Can Help Me?

This program is led by the Department of Disability and Aging (DDA) across the state of Tennessee. You can find more information by visiting the DDA MAPs website: [DDA: Medicaid Alternative Pathways \(MAPs\) Program](#) or by sending questions to: [DDA.MAPs@TN.GOV](mailto:DDA.MAPs@TN.GOV).

## Other MAPs Resources

Resources	Click for Resource	Scan for Resource
Fact Sheets and Resources	<a href="#">MAPs Resources</a>	
Success Stories	<a href="#">MAPs Success</a>	
MAPs Application	<a href="#">MAPs: Medicaid Alternative Pathways to Independence Application</a>	